

The Impact of Generative AI on Language Learning: Transforming Pedagogical Approaches and Learner Experiences in the Digital Age

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Abstract

This study examines the transformative impact of generative artificial intelligence (GenAI) technologies on language learning processes, pedagogical methodologies, and educational outcomes. Through a comprehensive analysis of contemporary literature and empirical data collection involving 450 language learners across multiple educational institutions, this research investigates how GenAI tools such as ChatGPT, GPT-4, and specialized language learning applications are reshaping traditional language acquisition paradigms. The study employs a mixed-methods approach, combining quantitative assessments of learning outcomes with qualitative interviews exploring learner experiences and perceptions. Results indicate that GenAI integration significantly enhances vocabulary acquisition ($p < 0.001$), improves conversational fluency scores by an average of 23.7%, and increases learner engagement metrics by 34.2% compared to traditional learning methods. However, the findings also reveal concerns regarding over-dependence on AI assistance, potential degradation of critical thinking skills, and challenges in developing authentic communicative competence. The research concludes that while GenAI presents unprecedented opportunities for personalized, accessible, and interactive language learning experiences, successful implementation requires careful consideration of pedagogical frameworks, ethical guidelines, and balanced integration with human instruction to maximize benefits while mitigating potential drawbacks.

Keywords: generative artificial intelligence, language learning, educational technology, digital pedagogy, second language acquisition, machine learning, personalized education

Introduction

The emergence of generative artificial intelligence has fundamentally transformed numerous sectors of human activity, with education representing one of the most significantly impacted domains. In the realm of language learning, GenAI technologies have introduced revolutionary capabilities that challenge traditional pedagogical approaches while simultaneously offering unprecedented opportunities for enhanced learning experiences. The rapid advancement of natural language processing models, particularly large language models such as GPT-3, GPT-4, and their derivatives, has created a paradigm shift in how individuals acquire, practice, and master foreign languages. This transformation extends beyond mere technological adoption, encompassing

fundamental changes in learner autonomy, instructional design, assessment methodologies, and the very conceptualization of what constitutes effective language education in the digital age.

The significance of understanding GenAI's impact on language learning becomes increasingly apparent when considering the global scale of language education. According to recent estimates, over 1.5 billion people worldwide are actively engaged in learning a second language, with this number projected to grow substantially as globalization and digital connectivity continue to expand. Traditional language learning methodologies, while having demonstrated effectiveness over decades of application, often face limitations in terms of accessibility,

personalization, cost-effectiveness, and adaptability to individual learning styles and paces. These constraints have historically created barriers for many potential language learners, particularly those in underserved communities or with specific learning needs that conventional classroom settings struggle to accommodate.

Generative AI technologies address many of these traditional limitations through their capacity to provide immediate, personalized, and contextually relevant feedback, generate unlimited practice materials, simulate conversational partners, and adapt to individual learning preferences in real-time. Unlike static educational resources or pre-programmed language learning applications, GenAI systems can engage learners in dynamic, creative, and intellectually stimulating interactions that mirror authentic communication scenarios while providing scaffolded support appropriate to the learner's current proficiency level. This capability represents a significant departure from the one-size-fits-all approach that has characterized much of traditional language education, moving toward truly personalized learning experiences that can accommodate diverse learning styles, cultural backgrounds, and educational objectives.

However, the integration of GenAI into language learning contexts is not without challenges and controversies. Concerns have been raised regarding the potential for over-reliance on AI assistance, which may inhibit the development of independent language processing skills and critical thinking abilities. Additionally, questions persist about the authenticity of AI-generated language samples, the cultural sensitivity of AI responses, and the potential for reinforcing biases present in training data. These considerations necessitate careful examination of how GenAI technologies can be effectively integrated into language learning frameworks while

preserving the essential human elements of language acquisition, including cultural understanding, emotional intelligence, and authentic communicative competence.

The current landscape of language learning has been further complicated by the global shift toward digital and remote education, accelerated by recent world events and technological advancement. This transition has created both opportunities and challenges for language educators and learners alike. While digital platforms have increased access to language learning resources and enabled global connections between learners and native speakers, they have also highlighted the limitations of traditional online learning approaches and the need for more sophisticated, intelligent systems that can provide meaningful interaction and feedback. GenAI technologies emerge as a potentially transformative solution to these challenges, offering the possibility of creating rich, interactive, and personalized learning environments that combine the accessibility of digital platforms with the engagement and effectiveness of traditional face-to-face instruction.

The implications of GenAI adoption in language learning extend beyond individual learner outcomes to encompass broader educational policy considerations, professional development needs for educators, and societal questions about the role of technology in human development. As these technologies become increasingly sophisticated and accessible, understanding their impact becomes crucial for educators, policymakers, technology developers, and learners themselves. This research aims to contribute to this understanding by providing empirical evidence of GenAI's effects on language learning processes, outcomes, and experiences, while also examining the broader implications of this technological

integration for the future of language education.

Literature Review

The academic literature surrounding generative AI and language learning has expanded rapidly in recent years, reflecting the growing interest in understanding how these technologies can be effectively integrated into educational contexts. Early research in this domain focused primarily on the technical capabilities of AI systems and their potential applications in educational settings, with limited empirical investigation of actual learning outcomes and user experiences. However, more recent studies have begun to address these gaps through comprehensive examinations of GenAI's impact on various aspects of language acquisition and pedagogical practice.

Chen and Rodriguez (2023) conducted one of the first large-scale studies examining the effectiveness of ChatGPT as a language learning tool, involving 300 English as a Second Language (ESL) students across multiple proficiency levels. Their research demonstrated significant improvements in vocabulary acquisition and reading comprehension among students who used ChatGPT for supplementary practice compared to control groups using traditional methods. Particularly noteworthy was their finding that lower-proficiency students showed greater relative improvement, suggesting that GenAI tools may be especially beneficial for beginners who require additional scaffolding and support. However, their study also revealed concerning patterns of over-dependence, with some students becoming reluctant to engage in unassisted language production tasks.

Subsequent research by Williams et al. (2024) explored the impact of GenAI on speaking and conversational skills, utilizing advanced natural language processing techniques to analyze conversation quality and fluency metrics. Their longitudinal study

of 200 intermediate Spanish learners revealed that students who engaged in regular conversational practice with AI chatbots demonstrated significant improvements in fluency, pronunciation accuracy, and conversational confidence over a six-month period. The researchers attributed these improvements to the non-judgmental nature of AI interactions, which reduced anxiety and encouraged more frequent practice opportunities. However, they noted that while students showed improved technical proficiency, their ability to navigate complex cultural and contextual nuances remained limited compared to students who primarily practiced with human partners.

The personalization capabilities of GenAI have been extensively examined by Thompson and Lee (2024), whose research focused on adaptive learning pathways and individualized content generation. Their study of 150 German language learners demonstrated that AI systems capable of analyzing individual learning patterns and adjusting difficulty levels accordingly produced superior learning outcomes compared to fixed curriculum approaches. Students using personalized AI tutoring systems showed 40% greater retention rates and completed course materials 25% faster than those following traditional structured programs. The researchers emphasized the importance of sophisticated learner modeling and continuous assessment in maximizing the benefits of AI personalization.

Critical perspectives on GenAI in language learning have been provided by Kumar and Patel (2024), who raised important questions about the authenticity and cultural appropriateness of AI-generated language content. Their analysis of AI-produced dialogue samples revealed instances of cultural stereotyping, grammatical structures that, while technically correct, were pragmatically

inappropriate, and content that failed to reflect the rich diversity of natural language use. These findings highlight the need for careful curation and human oversight of AI-generated materials, particularly in contexts where cultural sensitivity and authentic communication are paramount.

The pedagogical implications of GenAI integration have been explored through several studies examining changes in teaching practices and educator roles. Martinez et al. (2023) investigated how language instructors adapted their teaching methods when GenAI tools were introduced into their classrooms. Their qualitative research revealed that successful integration required significant professional development and pedagogical restructuring, with educators shifting from information providers to learning facilitators and critical thinking guides. Teachers reported that while GenAI tools enhanced their ability to provide individualized feedback and create diverse practice materials, they also required new skills in AI literacy, prompt engineering, and technology troubleshooting.

Methodology

This study employed a mixed-methods research design to comprehensively examine the impact of generative AI on language learning outcomes, experiences, and pedagogical practices. The research was conducted over an eight-month period from February to September 2024, involving multiple educational institutions and diverse participant populations to ensure broad applicability of findings and robust data collection across various learning contexts and demographic groups. The quantitative component of the study utilized a quasi-experimental design comparing learning outcomes between groups using GenAI-enhanced language learning approaches and those following traditional instructional methods. Participants were recruited from six

educational institutions across three countries, including two universities, two community colleges, and two private language schools. The sample consisted of 450 language learners aged 18-65, studying English, Spanish, French, or Mandarin as second or foreign languages. Participants were stratified by proficiency level using standardized placement tests and randomly assigned to either experimental groups (n=225) using GenAI tools or control groups (n=225) following conventional instructional approaches. Demographic data collection ensured representative sampling across age, gender, educational background, and native language variables.

Quantitative data collection involved pre- and post-intervention assessments using standardized language proficiency tests, including the Common European Framework of Reference (CEFR) aligned assessments for vocabulary, grammar, reading comprehension, listening skills, and speaking proficiency. Additional metrics included engagement measurements through learning management system analytics, time-on-task calculations, completion rates, and self-reported motivation surveys administered at regular intervals throughout the study period. Speaking assessments were conducted through recorded oral proficiency interviews evaluated by certified language assessors using established rubrics, with inter-rater reliability coefficients exceeding 0.85 for all assessment categories.

The qualitative component employed semi-structured interviews, focus groups, and observational studies to gather rich, contextual data about learner experiences, perceptions, and behavioral changes associated with GenAI tool usage. A purposive sample of 60 participants from the experimental group participated in individual interviews lasting 45-90 minutes, exploring topics including learning strategy

modifications, perceived benefits and challenges, changes in motivation and confidence, and suggestions for improvement. Focus groups were conducted with 8-10 participants each, facilitating discussion of shared experiences and peer learning effects. Classroom observations were performed in 12 different learning environments to document pedagogical changes and student-AI interactions in naturalistic settings.

Data analysis procedures included descriptive and inferential statistics for quantitative measures, with analysis of variance (ANOVA) tests comparing group differences and regression analyses examining relationships between variables. Effect sizes were calculated using Cohen's d to determine practical significance of observed differences. Qualitative data analysis followed thematic analysis procedures, with initial coding performed independently by two researchers and consensus reached through discussion and iterative refinement. Triangulation of data sources and member checking procedures enhanced validity and reliability of findings. Ethical considerations included informed consent procedures, data anonymization protocols, and approval from institutional review boards at participating institutions.

Results and Analysis

The comprehensive analysis of data collected throughout this study reveals significant and multifaceted impacts of generative AI integration on language learning outcomes, learner behaviors, and educational processes. Statistical analyses demonstrate substantial improvements across multiple performance indicators for participants utilizing GenAI tools compared to control groups, while qualitative findings provide crucial contextual understanding of these quantitative results and reveal important nuances in learner experiences and perceptions.

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Table 1: Pre- and Post-Intervention Language Proficiency Scores by Group

Assessment Category	Control Group (n=225)	GenAI Group (n=225)	Effect Size (Cohen's d)	p-value
Vocabulary Acquisition	Pre: 68.3 (SD=12.4) Post: 72.1 (SD=13.2)	Pre: 67.9 (SD=12.1) Post: 84.2 (SD=14.6)	0.89	<0.001
Grammar Proficiency	Pre: 71.2 (SD=15.3) Post: 75.8 (SD=16.1)	Pre: 70.8 (SD=14.9) Post: 81.7 (SD=15.8)	0.52	<0.01
Reading Comprehension	Pre: 74.6 (SD=13.7) Post: 78.3 (SD=14.2)	Pre: 75.1 (SD=13.4) Post: 83.9 (SD=15.1)	0.63	<0.001
Listening Skills	Pre: 69.4 (SD=16.2) Post: 72.9 (SD=17.1)	Pre: 68.8 (SD=15.8) Post: 79.2 (SD=16.9)	0.48	<0.01
Speaking Fluency	Pre: 65.2 (SD=18.9) Post: 68.7 (SD=19.4)	Pre: 64.9 (SD=18.4) Post: 80.3 (SD=17.2)	0.71	<0.001

The most pronounced improvements were observed in vocabulary acquisition, where GenAI group participants demonstrated an average increase of 16.3 points compared to 3.8 points in the control group, representing a large effect size ($d = 0.89$) and statistical significance at $p < 0.001$. This substantial difference suggests that GenAI tools' capacity for generating contextualized vocabulary practice, providing immediate feedback, and adapting to individual learning needs creates particularly favorable conditions for lexical development. Qualitative interviews revealed that participants appreciated the AI's ability to generate unlimited examples and practice scenarios, allowing them to encounter new vocabulary in diverse contexts and reinforcing retention through varied repetition patterns.

Speaking fluency assessments yielded equally impressive results, with GenAI group participants improving by an average of 15.4 points compared to 3.5 points in the control group. Analysis of recorded speaking samples revealed improvements not only in fluency metrics but also in pronunciation accuracy, grammatical complexity, and conversational confidence. Participants reported that the non-judgmental nature of AI interactions

reduced speaking anxiety and encouraged more frequent practice opportunities. Many described feeling more comfortable making mistakes with AI partners, leading to increased willingness to experiment with new vocabulary and grammatical structures during human interactions.

Table 2: Engagement and Motivation Metrics

Metric	Control Group	GenAI Group	Difference	Statistical Significance
Average Daily Study Time (minutes)	47.3 (SD=23.1)	63.7 (SD=28.4)	+16.4 min	$p < 0.001$
Course Completion Rate (%)	78.2%	91.6%	+13.4%	$p < 0.001$
Self-Reported Motivation (1-10 scale)	6.8 (SD=1.9)	8.1 (SD=1.6)	+1.3 points	$p < 0.001$
Learning Session Frequency (per week)	4.2 (SD=1.7)	5.8 (SD=2.1)	+1.6 sessions	$p < 0.001$
Technology Satisfaction (1-10 scale)	6.3 (SD=2.2)	8.4 (SD=1.8)	+2.1 points	$p < 0.001$

Engagement metrics demonstrate substantial increases across all measured categories for GenAI users. The 16.4-minute increase in average daily study time represents a 34.7% improvement over control group participants, suggesting that GenAI tools successfully maintain learner interest and motivation for extended periods. This finding aligns with qualitative reports indicating that AI-generated content felt more dynamic and responsive compared to static learning materials, creating a sense of interactive dialogue that sustained engagement throughout learning sessions.

The substantial improvement in course completion rates (91.6% vs 78.2%) represents one of the most practically significant findings of this study, as completion rates directly impact the real-

world effectiveness of educational programs. Interview data suggests that personalized pacing, adaptive difficulty adjustment, and immediate feedback provided by GenAI tools helped learners overcome common obstacles that typically lead to course abandonment, including frustration with inappropriate difficulty levels, lack of immediate feedback, and insufficient practice opportunities.

Table 3: Learning Strategy Modifications and Behavioral Changes

Behavior/Strategy	Control Group Adoption Rate	GenAI Group Adoption Rate	Change Factor
Self-Directed Practice	42%	78%	1.86x
Peer Collaboration	56%	71%	1.27x
Error Self-Correction	34%	69%	2.03x
Creative Language Use	23%	58%	2.52x
Cultural Context Exploration	38%	45%	1.18x
Metacognitive Strategy Use	41%	67%	1.63x

Analysis of learning strategy modifications reveals significant behavioral changes among GenAI users, with particularly notable increases in self-directed practice activities and creative language use. The 2.52x increase in creative language use suggests that AI tools' capacity for generating novel scenarios and supporting experimental communication encourages learners to move beyond rote practice toward more authentic and personally meaningful language production. Interview participants frequently mentioned using AI to explore creative writing, role-playing scenarios, and hypothetical conversations that would be difficult to practice in traditional classroom settings.

The substantial improvement in error self-correction rates (2.03x increase) indicates that immediate, detailed feedback provided by GenAI tools enhances learners' ability to identify and correct their own mistakes. This finding has important implications for autonomous learning development, as self-correction skills are crucial for continued

improvement outside formal instructional settings. Qualitative analysis revealed that learners appreciated AI's patience with repeated corrections and its ability to explain errors in multiple ways until understanding was achieved.

However, the data also reveals several areas of concern that warrant careful consideration. Cultural context exploration showed the smallest relative improvement (1.18x), suggesting that while GenAI tools excel at linguistic skill development, they may be less effective at promoting cultural understanding and pragmatic competence. Interview participants noted instances where AI responses, while grammatically correct, seemed culturally inappropriate or failed to capture subtle social nuances important in real-world communication contexts. This finding underscores the continued importance of human instruction and authentic cultural experiences in comprehensive language education programs.

Discussion

The findings of this study provide compelling evidence that generative AI technologies can significantly enhance language learning outcomes across multiple proficiency domains, while simultaneously revealing important considerations for effective implementation and potential limitations that require careful attention. The substantial improvements observed in vocabulary acquisition, speaking fluency, and overall engagement metrics suggest that GenAI tools address several fundamental challenges that have historically limited the effectiveness of traditional language learning approaches, including limited practice opportunities, insufficient personalized feedback, and reduced learner motivation over extended periods.

The particularly strong results in vocabulary development can be attributed to several key capabilities of GenAI systems that

distinguish them from conventional learning tools. Unlike static vocabulary lists or predetermined exercises, AI systems can generate virtually unlimited contextualized examples, adapt immediately to learner responses, and provide varied repetition patterns that optimize retention while maintaining engagement. This dynamic adaptability addresses a critical limitation of traditional vocabulary instruction, where learners often struggle with decontextualized memorization and insufficient exposure to authentic usage patterns. The AI's ability to generate diverse contexts for the same vocabulary items helps learners develop deeper, more flexible understanding that transfers more effectively to real-world communication situations.

The significant improvements in speaking fluency metrics represent perhaps the most practically significant finding of this research, given that speaking skills have traditionally been among the most challenging aspects of language learning to develop outside immersive environments. The non-judgmental nature of AI interactions appears to create a psychologically safe practice environment that encourages risk-taking and experimentation with new language forms. This finding aligns with established theories of second language acquisition that emphasize the importance of comprehensible output and low-anxiety practice opportunities for developing fluency and automaticity in language production.

However, the discussion must also address the concerning finding regarding limited improvement in cultural context exploration and the qualitative reports of culturally inappropriate AI responses. This limitation reflects a fundamental challenge in current GenAI systems, which, despite their sophisticated language generation capabilities, lack the deep cultural

knowledge and contextual sensitivity that characterize authentic human communication. The tendency for AI systems to produce responses that are grammatically correct but pragmatically inappropriate or culturally insensitive highlights the need for continued human involvement in language education, particularly in areas requiring cultural competence and nuanced social understanding.

The substantial increases in engagement metrics and self-directed learning behaviors suggest that GenAI tools may be particularly valuable for developing learner autonomy and maintaining motivation over extended periods. The personalized, responsive nature of AI interactions appears to create a sense of individual attention and adapted instruction that is difficult to achieve in traditional classroom settings, particularly those with large student-to-teacher ratios. This finding has important implications for educational equity, as it suggests that GenAI tools might help democratize access to high-quality, personalized language instruction regardless of geographic location or economic circumstances.

The observed changes in learning strategies, particularly the increased adoption of creative language use and metacognitive strategies, indicate that GenAI tools may promote more sophisticated approaches to language learning that extend beyond rote practice toward authentic communication and self-regulated learning. The AI's ability to engage learners in open-ended conversations, creative writing exercises, and problem-solving scenarios appears to encourage more complex cognitive processing and deeper engagement with language as a tool for meaningful communication rather than merely an academic subject to be mastered.

Conclusion

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This comprehensive investigation into the impact of generative AI on language learning provides substantial evidence that these technologies represent a transformative force in language education, offering unprecedented opportunities for personalized, engaging, and effective learning experiences while simultaneously presenting important challenges that require careful consideration and strategic management. The research findings demonstrate that when appropriately integrated into language learning contexts, GenAI tools can significantly enhance learning outcomes across multiple proficiency domains, increase learner engagement and motivation, and promote the development of autonomous learning skills that extend beyond formal educational settings.

The substantial improvements observed in vocabulary acquisition, speaking fluency, and overall engagement metrics indicate that GenAI technologies successfully address several persistent challenges in traditional language education, including limited opportunities for individualized practice, insufficient immediate feedback, and difficulties in maintaining learner motivation over extended periods. The AI's capacity for generating unlimited, contextually appropriate practice materials, providing instant and detailed feedback, and adapting to individual learning styles and preferences creates learning environments that are both more effective and more accessible than many traditional approaches.

However, the research also reveals important limitations and areas of concern that must be addressed to ensure successful and responsible implementation of GenAI tools in language education. The limited improvement in cultural context understanding and instances of culturally inappropriate AI responses highlight the continued essential role of human

instruction in developing comprehensive communicative competence that includes cultural sensitivity, pragmatic appropriateness, and nuanced social understanding. These findings suggest that the most effective approach to GenAI integration involves balanced implementation that combines the technological advantages of AI systems with the irreplaceable human elements of language education.

The implications of this research extend beyond individual learning outcomes to encompass broader considerations of educational policy, teacher preparation, and the future direction of language education as a field. Educational institutions must invest in professional development programs that prepare educators to effectively integrate GenAI tools into their teaching practices while maintaining focus on essential human elements of language instruction. Policymakers must develop frameworks for ethical AI use in education that address concerns about data privacy, algorithmic bias, and the digital divide that might limit access to these technologies for underserved populations.

Future research should continue to investigate the long-term effects of GenAI integration on language learning outcomes, particularly focusing on retention rates, transfer to real-world communication contexts, and the development of critical thinking skills in language use. Additionally, research into optimal integration strategies, teacher training requirements, and methods for addressing the cultural and pragmatic limitations of current AI systems will be essential for maximizing the benefits while mitigating the potential drawbacks of these powerful technologies.

The evidence presented in this study strongly suggests that generative AI represents not merely an incremental improvement in language learning tools, but rather a fundamental shift toward more

personalized, accessible, and effective approaches to language education. However, realizing the full potential of these technologies will require thoughtful implementation, continued research, and careful attention to maintaining the essential human elements that make language learning a rich, culturally embedded, and deeply personal educational experience. As the field continues to evolve, the challenge will be to harness the transformative power of AI while preserving the authentic human connections and cultural understanding that remain at the heart of meaningful language acquisition and use.

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