

Methods For Increasing Learner Activity In Seminar Sessions

Feruz B. Kamilov

Associate Professor, Head of Department

University of Military Security and Defense of the Republic of Uzbekistan

Abstract

In this paper, the author reviews ways that can be used to stimulate activities of students in higher education seminar sessions. The study focuses on the use of the three primary tools, i.e. the interactive techniques, problem-based learning, and dialogic communication, for the change of passive listeners into active participants.

Keywords: seminar sessions, learner activity, interactive methods, higher education, pedagogical techniques, student engagement, active learning

INTRODUCTION

The shift from traditional to learner-centered educational paradigms has made the activation of student engagement a central issue in modern higher education. The seminar classes, which are marked by their interaction and discussions rather than being mere lectures, can be considered as the perfect places for active learning behaviors to thrive. Nevertheless, the ongoing issue of students participating passively has been a major factor preventing the sessions from realizing their full educational potential. The problem of insufficient seminar learner activity finds its expression through minimal involvement in discussions, unwillingness to share one's own viewpoints, and limited interaction with course materials at a surface comprehension level [1]. This situation is caused by a number of factors including the traditional educational cultures that support teacher authority, poor instructional materials preparation, lack of motivation structures, and educators' inadequate skills in managing interactive learning [2]. Educational psychology has long been providing consistent evidence that engagement in learning processes causes better memory, deeper understanding, and higher-order cognitive skills [3].

METHODOLOGY AND LITERATURE REVIEW

The methodological groundwork of this research is made up of extensive scrutiny of educational literature which includes the theoretical backgrounds of active learning, the use of seminars supported by empirical research, and the sharing of educational practitioners' practical methodological advice. Theoretical conceptions of active learning underline that it is necessary to change the students from being passive learners to becoming active knowledge creators by involving them in higher order cognitive processes like analysis, synthesis, evaluation, and even creating [4]. The publications point out the difference between surface participation which sometimes can be people just taking part physically or verbally without any deep thinking, and substantial intellectual activity that consists of critical consideration of notions, combining various viewpoints, and making up one's own arguments [5]. Studies on seminar teaching have indicated several ways of stimulating students that can be grouped into categories: dialogical methods, which emphasize structured debates and Socratic questioning, problem-based techniques, which offer students real-world problems needing group inquiry, case-method that makes students apply abstract concepts to a real-life scenario where they have to analyze and decide, and teamwork that makes peer interaction

facilitate learning from one another and building knowledge together [6].

Uzbeks pedagogical literature particularly stresses the necessity of systematic preparation for seminar sessions, among which provision of detailed questions and reading materials in advance, establishment of clear assessment criteria that reward active participation, and cultivation of mentally safe environments where students feel free to express doubting opinions [7]. Russian educational research points to the seminar leader's role in securing lively discussions by means of asking the right questions, time management to avoid certain students taking over the discussion, and combining cutting-edge participation to create a common understanding [8]. International scholarship on classroom engagement backs up the idea that intrinsic motivation factors are in the first place along with autonomy-supportive instruction that gives students meaningful choices, competence-building activities that are just challenging enough not to be overwhelming, and relatedness-enhancing practices that create connections among students and between students and teachers [9].

RESULTS AND DISCUSSION

Turning to the pedagogical literature for insights, one can conclude that the energizing of learner engagement in seminar sessions can only come through the integrated application of all the complementary strategies rendered in the form of an assembled whole, not through reliance on isolated techniques. Active participation can be made possible only through intensive student preparation which, in turn, requires clear guidance materials, specific questions for consideration, and readings that are easy to understand, so that students will come to the seminars with at least a basic understanding and some initial viewpoints. The seminar framework must unfold from

the lowest to the highest mental effort, starting with the clarification of the basic concepts, moving to the analysis of relationships and applications, and finally arriving at evaluation and synthesis activities that necessitate the integration of various sources and points of view [10]. The dialogic techniques are seen to be very strong when activated through carefully planned questioning sequences which do not make use of memory questions but rather go to the core of the matter asking for reasons, comparing, making inferences, and so on.

The teacher's part changes from being a source of information to a moderator of discussions who asks useful questions, guides talk to a greater depth, makes sure that the less talkative students participate by inviting them directly, and combines the inputs to show the relationships and the questions left open. Learning is energized through problem-based methods as they present real-life situations that demand students to bury their heads in theoretical knowledge and come out with practical solutions thus showing the relevance and acquiring the skill of problem-solving. The success of the case study method is largely influenced by how well the scenario is chosen, that is ideally complex but not too clear so that people can have opposing views and argue from different angles, thus making the conversation and debate a natural byproduct of the scenario. Discussions within small groups that happen before class discussion reduce the barriers to participation because they give a chance to practice in less threatening situations and at the same time, ensure that all students are engaging with the content and not being passive witnesses to the exchanges between the teacher and the few outspoken students.

The structures of assessment have a great impact on the patterns of participation and thus the offering of grades to seminar

contributions, setting up of transparent evaluation criteria, and the giving of constructive feedback on the quality of participation all help in making the process of engagement more motivating. The breaking down of the psychological barriers in learning environments requires the explicit laying down of the discussion norms that give praise to diverse viewpoints, do not allow disrespectful replies, and treat disagreement as academic conflict which is more productive than personal conflict. The technical aids provide additional activation ways through the online discussions before the seminar that help in giving more time for preparation and written expression of the views, the in-class voting that allows for anonymous participation and at the same time collects data for the discussion, and the activities of reflection after the seminar that help in reinforcing learning and detecting unanswered questions. The combination of these methods implies that the teacher's engagement of the student's attention should be a constant feature of the learning process involving the use of proper structures for preparation, design of the session, facilitation skill, alignment of assessment, and creation of a conducive classroom culture rather than the occasional use of separate interactive activities.

CONCLUSION

The engagement of learners in seminar sessions is an intricate pedagogical challenge that necessitates the synchronized application of preparation supports, interactive methodologies, skilled facilitation, and enabling assessment structures. The examination of literature reveals that the successful activation is largely determined by the radical change of seminar culture from information transfer in teacher's way to collaborative knowledge construction in student's way. Some of the key implications for practice to be observed are the provision of the detailed preparation

materials and questions during the sessions, structuring the discussions in a way that they first touch upon the foundational aspects and then move on to higher-order thinking, using strategic questioning that goes deep into understanding and stimulates analysis, applying small group activities that help in increasing participation, setting up norms and assessment criteria that show active engagement as a valued component, and developing the places where taking intellectual risks is not only allowed but encouraged. It is not easy to carry out these practices as they require a very high level of pedagogical competence in the instructors including the ability to formulate questions, manage discussions, allocate time, and synthesize diverse contributions.

REFERENCES

- Mahmudov M.M., Ismoilov A.A. Oliy ta'lim muassasalarida ta'lim sifatini oshirish muammolari. Toshkent: Fan, 2021. 256 b.
- Хуторской А.В. Современная дидактика: Учебное пособие. 2-е изд., перераб. М.: Высшая школа, 2007. 639 с.
- Buranova, L. U. (2017). THE USE OF DEFINITE PHONETIC FEATURES IN THE CULTURE OF THE TARGET LANGUAGE. Гуманитарный трактат, (20), 38-39.
- Buranova, L. U. (2017). TEACHER'S ROLE IN THE READING CLASSROOM. Гуманитарный трактат, (8), 49-51.
- Baymenova, K. (2022). PISA TADQIQOTLARI DOIRASIDA O'QUVCHILARNING KREATIV FIKRLASHINI SHAKLLANTIRISH OMILLARI. Science and innovation, 1(B4), 582-584.
- Baymenova, K. (2022). O'Quvchilar Funktsional Savodxonligini Baholash Bo'Yicha Dasturni (Pisani) Fanlararo Bog'Liqlik Asosida

- O'Rganish. Miasto Przyszlosci, 26, 131-134.
- Байжанов, С. Х. (2000). Методические рекомендации по совершенствованию экономических взаимоотношений между сервисными предприятиями и сельхозтоваропроизводителями различных форм собственности и составлению бизнес-плана. Дедажанов БН, Эргашева ФИ, РОЛЬ ИНФОРМАЦИОННЫХ ТЕХНОЛОГИЙ В РАЗВИТИИ ПРЕДПРИНИМАТЕЛЬСКИХ НАВЫКОВ, 543.
- Qosimov, B. (2025). MAKTABGACHA YOSHDAGI BOLALARNING TEZKORLIK VA KUCH JISMONIY SIFAT KO 'RSATKICH DARAJALARINING TAHLILI. Педагогика и психология в современном мире: теоретические и практические исследования, 4(11), 82-83.
- Zaylobidinovna, R. G. (2022). Comparative Study of the Names of Children's Games in Uzbek and English. American Journal of Social and Humanitarian Research, 3(8), 136-138.
- Zokirova, S., & Xusanova, G. (2024). SOSIOLINGVOMADANIYATSHUN OSLIK KONTEKSTIDA BOLALAR O'YINLARI TUSHUNCHASI. Farg'ona davlat universiteti, (3), 547-547.
- Ospanova, F. B. OPTIMISATION OF TRANSACTION COSTS IN AGRICULTURE OF THE REPUBLIC OF KARAKALPAKSTAN THROUGH CLUSTERING OF AGRARIAN SPHERE. Science and Education in Karakalpakstan ISSN 2181-9203, 205.
- Расулова, С. У. (2022). В. ИРВИНГ ИЖОДИДА "АЛ-ҲАМРО" РОМАНИДАГИ АРАБЧА СЎЗЛАРИНИНГ АСОСИЙ ТУРЛАРИ ВА
- ТАРЖИМАШУНОСЛИК МУАММОЛАРИ. Oriental renaissance: Innovative, educational, natural and social sciences, 2(5), 862-871.
- Freeman S., Eddy S.L., McDonough M., Smith M.K., Okoroafor N., Jordt H., Wenderoth M.P. Active learning increases student performance in science, engineering, and mathematics // Proceedings of the National Academy of Sciences. 2014. Vol. 111. No. 23. P. 8410-8415.
- Rashidov J.B., Tursunov I.Q. Interfaol ta'lim metodlari: nazariya va amaliyot. Toshkent: Iqtisod-moliya, 2020. 184 b.
- Загвязинский В.И., Атаханов Р. Методология и методы психолого-педагогического исследования: Учеб. пособие для студ. высш. пед. учеб. заведений. М.: Академия, 2008. 208 с.